

Cross Country Schedule 22-23

Event	Where	Who	Date
Frostproof Invitational	@Frostproof, FL 33843	Boys & Girls	September 10th 7:00 AM
Spanish River Invitational, 40th Annual	@Boca Raton, FL 33496	Boys & Girls	September 16th
SSAC Champions	@Halloway Park, Lakeland, FL	Boys & Girls	September 24th
Starting Point Invitational	@Coral Springs, FL	Boys & Girls	October 8th
Districts	TBD	TBD	TBD